Mental Health-Behavior/ Counseling/ Addiction

**Crisis Line/Psych Emergency Department- Swedish American Hospital Center for Mental Health**

Inpatient program includes psychiatric units for adolescents. (See below for full details of services offered.)

**24 Hour Crisis Line:** 815-966-2273  
or Toll Free: 800-932-1810

1401 East State Street  
Rockford, IL 61104

<http://www.swedishamerican.org/services/mental_health/>

**Crisis Line- Remedies**

Assists persons who have problems with substance abuse or family violence. 24 hour crisis line available. (See below for full details of services offered.)

**24 Hour Crisis Line:** 815-962-6102

[http://remediesrenewinglives.org](http://remediesrenewinglives.org/)

**Crisis Line- Rockford Sexual Assault Counseling (RSAC)**

24 hour crisis intervention for survivors of sexual abuse. (See below for full details of services offered.)

**24 Hour Crisis Line:** (815) 636-9811 or  
Toll-free: (800) 564-8441

[http://www.rsaconline.org](http://www.rsaconline.org/)

**Crisis Line- Rosecrance**

24/7 hotline for mental health emergencies. (See 2 entries below for full details of services offered.)

**24 Hour Crisis Line:** 888-928-5278

[http://www.rosecrance.org](http://www.rosecrance.org/)

**Crisis Line- Youth Services Network, Inc**

24-hour on-call system for emergencies, such as youth who have run away from home, youth who are locked out by their parents, or youth who are homeless. Serves youth ages 0-21. Physical abuse, sexual abuse, domestic violence, truancy, and neglect are the areas of specialty. (See below for full details of services offered.)

**24 Hour Crisis Line:** 815-986-1953

[http://www.ysnkids.com](http://www.ysnkids.com/)

**Rosecrance Berry Campus**

Provides outpatient counseling and psychiatry services, including group counseling, family therapy, individual counseling. Ages 4-17 years old. Psychiatrists, counselors, case workers, and social workers on staff. Accepts Medicaid and some private insurance. Fees depend on type of insurance. M, F 8am-6pm, T-Th 8am-8pm.

8616 Northern Avenue  
Rockford, IL 61107

Phone: 815-332-8003

<http://www.rosecrance.org/mental-health/children-and-family-services/>

**Youth Services Network, Inc**

Serves youth ages 0-21. YSN addresses mental health and trauma issues by providing counseling, intensive case management, mentoring, tutoring, transportation, and recreation in order to reduce the impact of abuse and life stressors on children and families. YSN also promotes cooperation among social service agencies by providing wrap-around services to children in Winnebago and Boone counties. 24-hour on-call system for emergencies, such as youth who have run away from home, youth who are locked out by their parents, or youth who are homeless. Physical abuse, sexual abuse, domestic violence, truancy, and neglect are the areas of specialty. Licensed social workers, licensed counselors, and licensed marriage & family therapists. No fee to clients. 8am-4:30pm daily, with varied evening hours.

3703 N. Main Street  
Rockford, Illinois 61103

Phone: 815-986-1947

Crisis line: 815-986-1953

Fax 815-986-1954

[http://www.ysnkids.com](http://www.ysnkids.com/)

**Family Counseling Services**

Licensed therapists and social workers provide individual counseling, couples, group, and family counseling to children and adults starting at age 4. Counseling Services: Parent-child conflicts, truancy, behavior problems, academic issues, social isolation; re-marriage & ’blended’ families’ difficulties; also grief, depression & anxiety. Accepts most insurance, provide sliding fee scale to Medicaid patients (Medicaid does not cover services). M 8:30’5:00; T&W 8:30’9:00; Th: 8:30’8:30; F: 8:30’1:00

210 North Longwood Street  
Rockford, IL 61107

Phone: 815-962-5585

[http://www.familycounselingrockford.org](http://www.familycounselingrockford.org/)

**University of Illinois College of Medicine at Rockford: Psychiatric Service**

Licensed social workers, licensed counselors, marriage and family therapists, psychologists, and psychiatrists provide diagnosis and/or therapy for children as young as 2 and families. Treatment for: Autism spectrum, developmental disorders, Attention Deficit/Hyperactivity Disorder, Asperger’s syndrome, depression/anxiety, trauma, and school related issues. Also offered: clinical hypnosis, diagnostic evaluation, pharmacotherapy, and school/IEP consultation. Offers social groups for children and adolescents age 5-18 years of age with high functioning autism spectrum disorders. Collaborates with The Autism Program, a division of Easter Seals. Open by appointment-some evening and Saturday hours. Psychiatrists accept Medicaid on limited basis and most private insurance. Social workers and counselors do not take Medicaid, but offer discounts/sliding scale for Medicaid clients and uninsured.

1601 Parkview Avenue  
Rockford, IL 61107

Phone: 815-395-5870

<http://rockford.medicine.uic.edu/Patient_Services/university_psychiatric_services/>

**Swedish American Hospital Center for Mental Health**

Behavioral Health Resources is a full-service outpatient program. Staff psychiatrists provide diagnostic evaluation and medication management for children and adolescents. Licensed counselors and licensed social workers provide individual, family, and group therapies. Partial hospitalization and inpatient programs include psychiatric units for adolescents. Outpatient program open 8am-7pm M-Th, 8am-5pm F. Inpatient & partial hospitalization program accept Medicaid, outpatient program does not. 30% discount for people who do not have mental health insurance coverage.

1401 East State Street  
Rockford, IL 61104

Phone: 815-489-4123

24 Hour Crisis Line: 815-966-2273  
or Toll Free: 800-932-1810

http://www.swedishamerican.org/services/mental\_health/

**Find Counselors**

[**http://www.nbcc.org/CounselorFind/IL**](http://www.nbcc.org/CounselorFind/IL)

**Therapist Locator**

[**http://www.therapistlocator.net/iMIS15/therapistlocator/**](http://www.therapistlocator.net/iMIS15/therapistlocator/)

**Find Therapists**

[**http://therapists.psychologytoday.com/rms/**](http://therapists.psychologytoday.com/rms/)

**Northern Illinois Hospice and Grief Center**

Professional counselors and social workers provide individual/family grief counseling for children and teens, children and teen support groups. There is also a children and teen summer camp. Grief Center services are provided on a sliding fee scale. Various hours available by appointment.

4215 Newburg Road  
Rockford, IL 61108

Phone: 815-398-0500

<http://www.northernillinoishospice.org/>

**Rockford Sexual Assault Counseling (RSAC)**

Provides comprehensive services for survivors of sexual assault and abuse from ages three to adult, as well as their families. Services include 24-hour crisis intervention and hotline, medical and legal advocacy, counseling, prevention education, and professional training. Serves Winnebago, Boone, and Ogle County residents. Regular office hours M-F 8:30-4:30, evenings by appointment.

**Winnebago County:**

4990 E State St.  
Rockford, IL 61103

Phone: (815)636-9811

**Boone County:**

860 Biester Dr., Suite 101  
Belvidere, IL 61008

Phone: (815)544-6821

**24 hour line**: (815) 636-9811 or  
Toll-free: (800) 564-8441

[http://www.rsaconline.org](http://www.rsaconline.org/)

**Catholic Charities Diocese of Rockford**

Catholic Charities provides a crisis pregnancy program and hotline, an Adolescent Outreach parenting/pregnancy program for Boone County residents, adoption services, parenting education, professional counseling and casework services for individuals and families experiencing social, emotional and interpersonal problems, school counseling for children in Catholic grade schools, outreach and emergency services, and immigration/refugee resettlement services including a bilingual outreach.

Administration

555 Coleman Drive

PO Box 7044

Rockford, IL 61125

[(815) 399-4300](tel:%28815%29%20399-4300)

Belvidere Location

521 S. State Street, Suite 2

Belvidere, IL 61008

[(815) 544-5434](tel:%28815%29%20544-5434)

Immigration and Refugee Services

6116 Mulford Village Drive, Suite 8

Rockford, IL 61107

[(815) 399-1709](tel:%28815%29%20399-1709)

Long Term Care Ombudsman Services

6116 Mulford Village Drive, Suite 9

Rockford, IL 61107

[(815) 316-0040](tel:%28815%29%20316-0040)

St. Elizabeth Community Center

1536 S. Main Street

Rockford, IL 61102

[(815) 969-6526](tel:%28815%29%20969-6526)

[http://catholiccharities.rockforddiocese.org](http://catholiccharities.rockforddiocese.org/)

**Children’s Home and Aid of Illinois**

Provides family centered counseling services for children and parents, including those involved in the child welfare system and foster care/adoption situations. These counseling services help improve the social and psychological functioning of children and their families and maximize the family well-being and academic achievement of these children. Also provides pregnancy and early parent counseling and support. Other services include adoption and foster care services, early childhood care (Mother House Crisis Nursery for ages 0-6) and education, residential services, and youth services. Most services are free to Medicaid-eligible children. M-F 8:45-5.

Northern Region:  
910 2nd Avenue  
Rockford, IL 61104

Phone: 815-962-1043

[http://www.childrenshomeandaid.org](http://www.childrenshomeandaid.org/)

**LYDIA Home Association- Rockford**

Lydia Home Association offers **“Safe Families for Children”** which assists families during times of crisis such as unemployment, eviction or homelessness, family medical crisis, pregnant teens, post partum depression, etc., preventing the need for children to be placed in foster care by offering temporary placement. Also offers **LYDIA’s Residential Treatment Program** for children and adolescents with severe behavioral problems, provides for counseling services, and has LYDIA Urban Academy in Rockford.

2323 South Sixth St., Suite 2  
Rockford, IL 61104

Phone: 815-966-0039

Fax: 815-965-3721

[http://www.lydiahome.org](http://www.lydiahome.org/)

**Lutheran Social Services**

Provides adoption services, foster care crisis intervention and counseling, pregnancy and parenting counseling/support services, and youth programs. The Adoption Preservation Program is open to all families with adopted children under the age of 18 and provides a stipend for hourly or overnight respite care. Parents must identify their own respite provider. Youth programs include tutoring and mentoring of children in K-8 in the Rockford Public School District. No fees. Hours M-F 8:30-5, others by appointment.

321 W. State St.  
Rockford, IL 61101

Phone: 815-969-8836

<http://www.lssi.org/>

**Remedies (formerly PHASE/WAVE)**

Assists persons who have problems with substance abuse or family violence. Remedies Renewing Lives’ domestic violence shelter and services offers counseling for victims of domestic violence and their dependent children. Call [815-962-2102](tel:815-962-2102) to initiate services. Substance abuse services include: screening, assessment, treatment, and aftercare for substance abusers both adults and adolescents. Individual, couple, family, and group counseling available. Also offers medical and psychological services; prevention education and training; intervention guidance; on-site urinalysis processing; Alcoholics & Narcotics Anonymous; relapse prevention counseling; and methadone & suboxone treatment. Free or sliding fee schedule services, Medicaid eligible. Nurses, physicians, and certified addictions counselors. M-Th 8am-5pm, F 8am-1pm, other hours by appointment.

319 S. Church Street  
Rockford, IL 61101

Phone: 815-962-0871

2028 N. State Street  
Belvidere, IL 61008

Phone: 815-547-4502

Crisis line: 815-962-6102

[http://remediesrenewinglives.org](http://remediesrenewinglives.org/)

**Rosecrance Griffin-Williams Campus**

Substance abuse treatment programs for adolescents age 13-18, with some exceptions for 12 and 19 year olds. Professional counselors, psychiatrist on staff for co-occurring disorders, recreational therapy, and teachers provide academic lessons during week. Fees-accepts Medicaid and most insurance. $685/day charge for in-patient program. In-patient program lasts 3.5-5.5 weeks, outpatient fees vary. M-F 8:00-8:00, Sa-Su 8:00-4:30.

Griffin Williamson Campus

1601 University Drive  
Rockford, IL 61107

Phone: 815-391-1000

Toll Free: 888-9-AT-LAST/888-928-5278

<http://www.rosecrance.org/>

**Treatment Alternatives for Safe Communities (TASC)**

Juvenile Justice Services – TASC works with youth in the juvenile justice system who may be abusing drugs or alcohol. TASC juvenile justice services are specifically tailored to young people and their unique needs. Family members or guardians are involved to help identify additional services that may be necessary to provide support during the recovery process and to prevent relapse.

119 N. Church Street, Suite 202  
Rockford, IL 61101

(815) 965-1106

<http://www.tasc-il.org/preview/index.html>

**Streamwood Behavioral Health – Rock River Residential Center**

A residential facility which offers specialized treatment services for female adolescents, ages 10-21, who are experiencing significant emotional, social and/or behavioral difficulties. Offers long-term therapeutic environment for female adolescents with long-standing behavioral health problems with a balance of therapies and activities in a safe, structured setting. Each adolescent receives individual wrap-around care led by a psychiatrist and administered by a multi-disciplinary team of psychologists, social workers, teachers and mental health counselors to address all medical, psychiatric, social, and academic needs of the adolescent. All Rock River residents attend the Rock River Academy therapeutic day school or attend public schools within the community.

Rockford, IL (Address of facility not disclosed)

Rockford campus: 815-877-3440  
Main office: 630-837-9000  
Toll free: 800-272-7790

[View Streamwood website](http://streamwoodhospital.com/)

**National Alliance on Mental Illness – Northern Illinois Office**

A grass-roots self-help, non-profit organization of the Northern Illinois region. Affiliated with the National Alliance on Mental Illness (NAMI) and NAMI Illinois. Dedicated to improving the quality of life for persons with severe mental illness and their families through education, support, and advocacy. Membership provides: support and small groups to share ideas and concerns for those whose friends and family members have brain disorders; newsletters with important local and national information; and monthly programs featuring mental health related topics. Free education classes include: Family-to-Family; Peer to Peer; In Our Own Voice; and Visions for Tomorrow. Annual Membership: $30 (individual); $40 (all household family members); and $5 open door membership for those whose funds are limited at the present time.

Mildred Berry Center

8616 Northern Avenue  
Rockford, IL 61107

Phone: (815)963-2470  
Crisis Line: (815)985-6495